



Please join us for a FREE

Nutrition Workshop

Featuring healthy dinner ideas your whole family will love!

Learn helpful nutrition facts, sample delicious new foods, and get fresh ideas for healthy dinners. All are welcome!

Tuesday, February 7th at 7:00pm

Linwood E. Howe Elementary

4100 Irving Place, Culver City, CA 90232

*Brought to you by
GrowingGreat and Culver
City Education Foundation*

Questions? Contact GrowingGreat at
Info@growinggreat.org or 310.939.9216.
Visit us at www.growinggreat.org

GrowingGreat is a nonprofit school garden and nutrition education organization dedicated to inspiring children and adults to adopt healthy eating habits. Our goal is to help children and families understand where our food comes from, appreciate that food serves a purpose in our overall health and has an impact on our longevity and well-being.